

Sam: I mean we are not here to talk about all the criminal aspects, what we are really concerned about are your mental.

Simon: I am Mental.

Sam: What I want to do.

Simon: I am defiantly not mental.

Sam: Questions that we ask everybody to help us understand your mental Health at the moment do you, have you got any racing thoughts do you find your thoughts going very quickly.

Simon: No all I find myself doing is working every day on my business plan if you want to see that I will show you.

Sam: that is fine and answer, their questions afterwards.

Sam: How is your sleep at the moment Simon?

Simon: I sleep perfectly 8 hours a day some time 9 and that is at the most some times I tend to stay up latter than what I do in the night, some times I tend to work better on the computer at night times when It is quite and every body is not making so much noise and there is not so much banging about Because I am doing a lot of writing so I stay up late some times it can change I can stay up a bit latter at nights but I then come back to the day time and make sure that I manage and every thing mi make sure that all my paper work and ever think Is In correct order things like that I need to do then I can go back to my place of work my place of comfort which is their some times.

Doctor: Are you eating.

Simon: yes, I am eating.

Sam: how is your appetite are you eating OK and any I no you said.

Simon: I am a size 36 jeans.

Sam: Are you feeling any low mood at all.

Simon: I just want civil liberties given back to me.

Mother: A bit stressed but it's due to the court case.

Sam: OK.