

was that we can cope alone and if we ever find our self's insure of any think that we will contact the mental health team.

The care team called my mobile phone 14 August 2016.

In response to the allegations of Threats to kill 14/08/2016

On the day in question I was in my home address, all day my mother attended my home at around 3pm to collect my credit card as arranged leaving myself with no other source of money as for this I had no reason to leave my home. I have a text on my mobile phone and computer to prove this from my mother.

I was then fortunate another to have some good friends visit with there new born baby to which on there visit good news was announced that I will be the god father to the new born baby, my visitors stayed at my home address till around 7pm after there departure I was left at home alone and started to listen to a music CD that was given to me by my guests I continued to listen to music until at around 8pm, up and till I notice a very large amount of uniformed police officers entering my communal hall way and started to implosively bang on my front door intimating my self in my own place of residence.

I clearly remember approaching my front door with large concern for my safety as for I have other on goings cases against the Metropolitan police that are in the process of the IPPC.

As I approached my home front door, I had that of my mobile phone in my hand and called for assistance of members of my family who could be in support of me as they may be relevant as to a witness to any ongoing about to occur.

When asking the police the reason for there presents at my home address the reply back was that of the remark, that they just wanted to speak to my person, I did reply back to them that I was not happy to speak to them self's as I new I had done nothing un-law and was therefore a victim.

I do remember asking the police to contact my solicitors as a first point of contact for any incident as the police have a full understanding when attended my home address that my home has been my place of residents for over 11 years and I have no issues with surrendering to police.

After about a 40 minute interview of compulsive and aggressive knocking by on duty police offices on my front door, I choose to explained to them members of active police that they were being recorded by my CCTV, This caused a different reaction and the woman office who was knocking on my front door choose to cause a criminal offence by way of causing criminal damage to my personal property other wise named as my CCTV equipment, she achieved this by staring straight into the camera and intentionally ripping out the cables in turn causing damage so that the crammers were no longer active.

As this happened while my mother attended with my uncle whom I had previously called and continued to recorded the ongoing on their mobile phone's crammers.

Another police officer a male offered to repair the damage that had been caused by the female officer by asking myself to pass them a screwdriver out of my letter box I found this an unusual request.

On arrival of my mother and uncle attending I felt much more at ease and secure of my own safety and opened my front door knowing I had all the evidence I need on CD and mobile phones to prove my innocents and the damage cause to my property.

As for other video footage I do dispute the allegations of the Quoted fact off being taken out of cell number 3 for a legal assessment by members of the MHA Mental Health Assessment Team as named AMHP worker Maggie fuller and 2 x Doctor's of the names (---) and (---) whom did attended my cell while I was being recorded by CCTV as true as I am sure they did walk up to my cell hatch and verbally