

Ref: JC/Is

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To be opened by addressee only

9th December 2015

Dr Y Chong
Nightingale House Surgery 1-3
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Hospital Number: 11214451

Dear Dr Chong,

Re: **Simon CORDELL - D.O.B: 26.01.1981**
109 Burncroft Avenue, Enfield, Middlesex EN3 7JQ

Jameson Simwanza, Social Worker in Enfield Assessment Service/Crisis Resolution and Home Treatment Team and I saw Mr Cordell at home today after reports of a gradual deterioration in his mental health over the last year.

Mr Cordell's presentation today was congruent with a First Episode Psychosis with symptoms beginning several months ago. His main preoccupations and paranoid delusions relate to the police and with the woman, who lives upstairs although we understand she has moved out. His mother has been supporting him and has been calling on him almost daily for the past year as he has become more socially withdrawn.

Today Simon was well nourished and cared for and his flat although cluttered was clean. He keen to relate his experiences to us but resisted the idea he had a mental health problem.

Risks:

1. He made 1-2 serious self-harm attempts as a teenager with contact with the criminal justice system. Today he said he had attended North Middlesex University Hospital Accident and Emergency department last year after drinking liquid nitrous oxide with intent to self-harm. Currently he has no thoughts intent or plan to harm himself or anyone else although he said today, he would kill himself **"when I eventually clear my name"** - this is not linked to any particular date.



Trust Chairman: Michael Fox Trust
Chief Executive: Maria Kane

Would you (or someone you know) like help to stop smoking? Enfield stop smoking service includes a specialist pregnancy advisor and Turkish speaking advisor tel Freephone 0800 652 8405 www.quitsmoking.uk.com

Would you like information on medication for a mental health problem? (available in translation) www.beh-mht.nhs.uk/cm